

## Theme: "Don't Fall Apart!"

*"<sup>6</sup> Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; <sup>7</sup> and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus."*

**Philippians 4:6-7 (NKJV)**

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### ***FROM THE EDITOR'S DESK . . .***



(Philippians 4:6-7)

*Greetings Mount Pleasant Family,*

In the last edition of the Messenger, I wrote that many families have been impacted during this COVID season with deaths, sicknesses and/or lost jobs (COVID-related and for other reasons). The Christian Community and Mount Pleasant in particular have been impacted and affected with these same circumstances as well as other trials and tribulations.

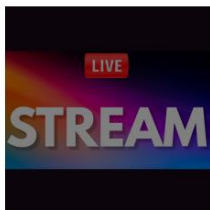
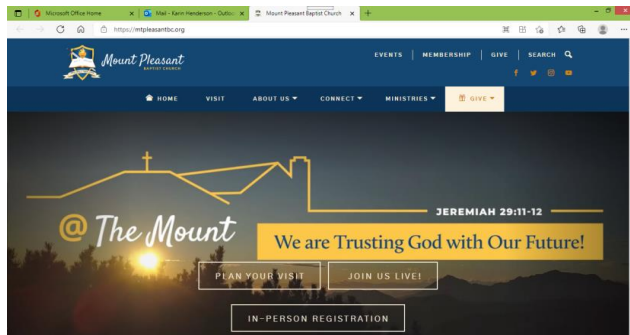
Mount Pleasant, with all this happening, how do we not fall apart? Philippians 4:6 provides some helpful instructions when we do find ourselves falling apart. Philippians 4:6 says, "*Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God*". We must go to God in prayer and with humble requests, asking and thanking. If we adhere to these instructions, Philippians 4:7 reminds us how God will help us, "*and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus*".

Mount Pleasant, don't fall apart! Take your cares to God, for He cares for you. Wait for God to work it out.

*Be blessed and be safe this fall.*

## MPBC Connect

Visit our website at [www.mtpleasantbc.org](http://www.mtpleasantbc.org) to stay connected.



Live Stream



Bulletin



Give Online



Givelify App

# Inspirations



## Life

Life is a grand adventure.  
We live through day by day.  
Life is truly a challenge  
In every sense and way.

Life has its rays of sunshine.  
As well as dark clouds too.  
Life is always uncertain.  
We learn each day anew.

Life is bestowed upon us  
By that great King above.  
Life to be lived its fullest  
Must know His ways and love.

Harold F Mohn

Submitted by: Sister Diahann V. Colbert (MPBC)

## Don't Quit

by Edgar A. Guest  
(1<sup>st</sup> and 4<sup>th</sup> Stanza)

When things go wrong, as they sometimes will,  
When the road you're trudging seems all uphill,  
When the funds are low and the debts are high,  
And you want to smile but you have to sigh,  
When care is pressing you down a bit -  
Rest if you must, but don't you quit.

Success is failure turned inside out -  
The silver tint of the clouds of doubt,  
And when you never can tell how close you are,  
It may be near when it seems afar;  
So stick to the fight when you're hardest hit -  
It's when things seem worst,  
You must not quit.

Submitted by: Deaconess Karin Henderson  
(MPBC)



**Theme: “Ministry on the Move” (Philippians 3:14)**



Dear Ministry Member and Fellow Christian,

*Greetings to all!*

We pray that all is well. Please know we are here for you. We ask for your continued prayers and support and we need your help because we cannot do it without you! We want to extend a “Thank You” for supporting our events over the past months. Below are past events as well as events for the remainder of the year and 2022. [See pictures of our events on the following pages.]

- Drive-By Visitations (commenced in July 2021)
- Outreach Project (prepare home cooked meals for the Supportive Shelter in Prince William County) (commenced in August 2021)
- Outdoor Social/Fellowship (September 2021)
- Christian Comedy (September 2021)
- MPBC Got Talent (November 2021)
- Movie Night
- Gospel Shows
- Zoom Game Night

We want to extend a welcome to our new ministry members and greetings to ministry members who have celebrated and/or are celebrating a birthday, wedding anniversary, retirement or any other celebratory event in September, October and November.

God bless you and continue to keep safe.

Deacon Karl Henderson, Deaconess Karin Henderson, Deacon James Cook and  
Deaconess Daphne Roach  
Ministerial Team: Minister Myra Cook and Minister Angela Sheppard  
(Prince William/Stafford/Spotsylvania/Caroline Counties and Lorton (PWSSC&L) CCM)

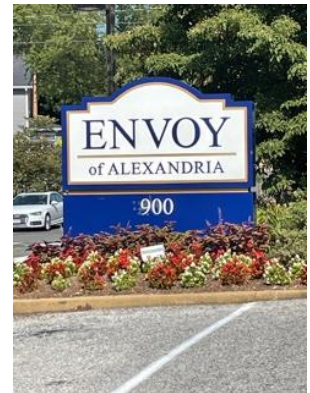
**—Thought for the fall—**

“Surrender your weakness to God and He’ll provide you His strength.” (Anonymous)





Theme: "Ministry on the Move" (Philippians 3:14)



Drive-By Visitations: Seniors visited: Sis. Eloise Clarke [not pictured], Sis. Betty Harps, Sis. Carrie Peterson and Sis. Barbara Moore [not pictured, a resident of ENVOY (Senior Care Facility)].



Outreach Project (Supportive Shelter in Prince William County (Woodbridge))





Theme: "Ministry on the Move" (Philippians 3:14)



Outdoor Social/Fellowship (Locust Shade Park (Triangle))

## Word Search

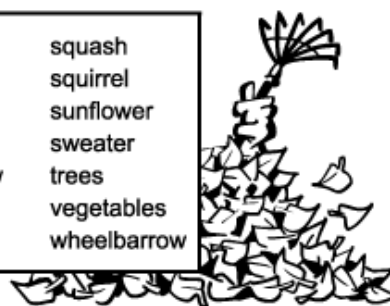


# AUTUMN



Q L W E J M E D I R Y A H K Z B N U T C V P  
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Y Q U I L T K J F U B H O A E C O L Q D B S  
A K X L C V N R E D I P S L M R B H U Z I F  
V W D O E J A P B G Z R Q H F A S M I T Y C  
M O G F T W L E V S N B R U T N I A N P H Q  
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S R J C I Q P N O H V L U C A D M E F O K T  
G A F K M J D L T U C S E O N H L P B I X U  
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J S M T P N F C Z R O I W Y A Q H D I L U E  
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P F R Q Y R O T X Z W J N B U L A S E M I D  
W X B D O J H A R V E S T P C I O Q Y S N L  
L H Z M S I J F W O R C A Q Y N K B P U G X

apples	colorful	frost	pumpkin	squash
autumn	cozy	harvest	quilt	squirrel
birds	crow	hayride	rake	sunflower
blanket	deciduous	jacket	rustling	sweater
bonfire	equinox	leaves	scarecrow	trees
changing	flannel	migrate	season	vegetables
cider	foliage	orchards	spider	wheelbarrow





**Mt. Pleasant Baptist Church**  
**Rev. Dr. Carl M. Johnson, Pastor**

# **MPBC GOT ★ TALENT**



***Sponsor***

***Theme: "Ministry on the Move" (Philippians 3:14)***

**Friday, November 12, 2021**

**7:00 PM**



**Zoom:** Meeting ID: 825 4933 9887  
Passcode: 635180  
Dial In: 301-715-8592

**ALL INVITED!**

**6477 Lincolnia Road, Alexandria, VA 22312**



## MPBC Events – Continued

Mt. Pleasant's Emergency Preparedness Committee and Alfred Street Baptist Church led the huge undertaking of the Haiti Relief Project. On Saturday, October 16, 2021 the process of packing the trucks commenced. Several MPBC ministries, community organizations and other churches donated items, assisted with sorting the items, packing of the barrels and packing of the trucks. See pictures below.





## MPBC Events – Continued

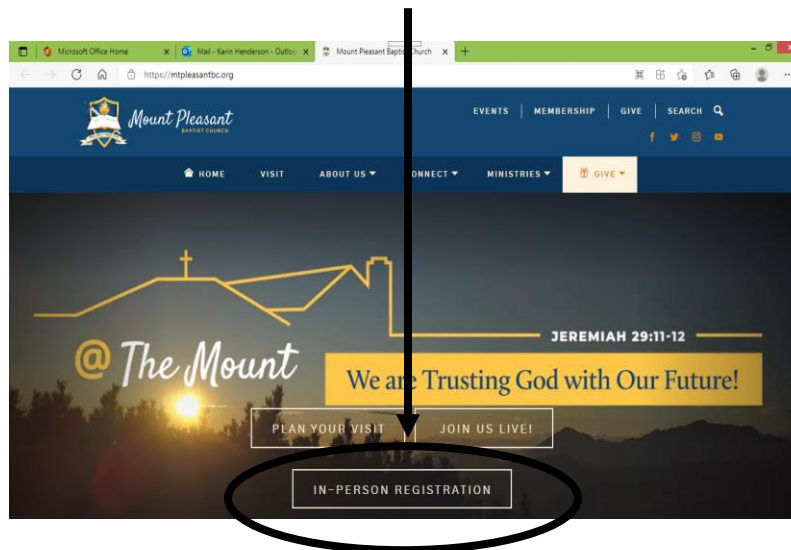
Mount Pleasant Baptist Church, Alexandria

# Sunday In-Person Worship Service 10:00 a.m.

[Arrive by 9:00 a.m. — Doors locked at 10:00 a.m.]

[Limited capacity, **must** register on website at [www.mtpleasantbc.org](http://www.mtpleasantbc.org)]

To register, click/tap “IN-PERSON REGISTRATION”.



**At check-in at MPBC**, from your mobile device, scan QR Code or tap QR Code (below the in-person registration form) to fill out **mandatory** COVID Liability Release Form.



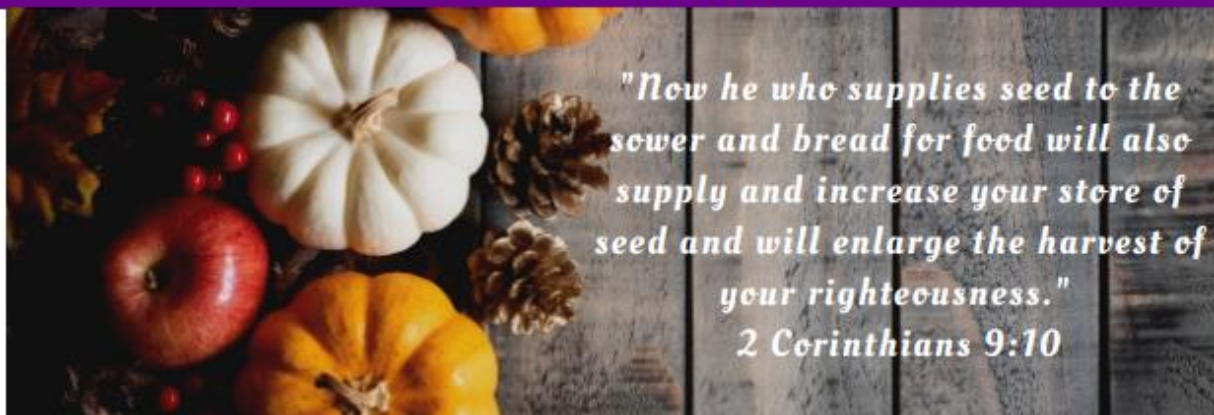
All persons will go through screening before entry. Temperatures will be checked and masks **must** be worn. If you or any member of your group have a temperature of 100.4 degrees or higher and have the following COVID-19 symptoms include but not all: Fever; Fatigue; Dry Cough; Difficulty Breathing; Headache; Chills; Loss of taste or smell or other neurological issues.

Please **do not** register at this time for in-person worship. **Consult your physician.**

# MPBC FEDERAL CREDIT UNION

## Notes & News

FALL 2021 EDITION



### IT'S FALL INTO SAVINGS SEASON!

'Tis the season for all things fall! We're talking about pumpkin spiced lattes, pies, sweaters, boots, pumpkin patches, hayrides, and whatever brings you some extra fall joy. Add a sprinkle of financial joy to your savings this month with a deposit to your MPBC FCU savings account. If you don't have an account with us, sign up for one today! Visit [www.mtpleasantbc.org/mpbcfcu](http://www.mtpleasantbc.org/mpbcfcu) for more information.

### WE'VE GOT A LOAN JUST FOR YOU!

Take care of your financing needs by applying for an MPBC signature loan. Qualified borrowers may borrow up to \$7,500 at competitive rates depending on your credit score. Please contact the credit union for more details.

We are YOUR Credit Union.



### INTERNATIONAL CREDIT UNION DAY

October 21, 2021 marks the 73rd anniversary of the globally celebrated International Credit Union Day (ICU Day)\*. The day is recognized to reflect upon the credit union movement's history, promote its achievements, recognize hard work and share member experiences.

*Do you have a member experience, any comments or feedback you would like to share with the MPBC FCU?*

*We'd love to hear it and invite you to share via email to [mpbcfcu@mtpleasantbc.org](mailto:mpbcfcu@mtpleasantbc.org)*

For more information on ICU Day, visit: <https://www.cuna.org/content/cuna-cuna-org/products/international-credit-union-day.html>

### CURRENT OPERATION STATUS

Your MPBC Federal Credit Union continues to operate under altered conditions. Appointments can be made by request. Due to the altered operations, please allow extra time for a response.

### CONTACT US:

**MPBC Federal Credit Union**  
P.O. Box 11146  
Alexandria, VA 22312

(703) 256-4802

[mpbcfcu@mtpleasantbc.org](mailto:mpbcfcu@mtpleasantbc.org)

[www.mtpleasantbc.org/mpbcfcu](http://www.mtpleasantbc.org/mpbcfcu)



Thanks for your business.





**VIRGINIA ELECTION  
DAY**  
**TUESDAY, NOVEMBER 2, 2021**  
**(POLLS OPEN AT 6:00 AM —  
CLOSES AT 7:00 PM)**





## Ministry Opportunities

[There are still ministry opportunities to consider.]

*“For we are His workmanship, created in Christ Jesus for good works,  
which God prepared beforehand ...”*

**Ephesians 2:10**

**Homeless Ministry** — Cooks — contact Sister Shirley Thomas

**Youth Ministry** — Director/Assistants — 1st, 2nd, 3rd Sundays during 11:00 a.m. Worship Service;  
Thursday Nite Takeover (TNT) Workers/Teachers/Helpers — contact Reverend E. Chris White, III

**Nursery Ministry** — Assistants — contact Sister Allie Hollister

**Nurses Ministry** — Nurses — contact Sister Phyllis Jordan

**Audio/Visual** — Assistants — contact Church Office

**Grief Ministry** — Members — contact Sister Denise Mackie-Smith

**Church School** — Van Drivers/Teachers — contact Sister Yvonne Bush

**CONGREGATIONAL CARE MINISTRY (CCM) by DEACON, DEACONESS, MINISTERIAL STAFF and ZIP CODE**

Pastor Johnson	John White (MD) Jessie LeCount-White Jerry and Rosie Brown Marcia Gilbert-Gregory Annette Colclough Min. Percy Edwards Rev. Vonda Batts Rev. Dwight Cokely	Karl and Karin Henderson Daphne Roach James Cook Min. Myra Cook Min. Angela Sheppard	Jerald and Faye Stark Maurice Evans Gloria Giron Min. Myron Euille Min. Leticia Dyer Min. Stephanie Gillus Min. Eldred Williams	Carlton Brown Amanda Brown Dalton Martin Min. Linda Hayes Min. Percell Spinner	David Evans Spencer and Mattie Charles Michael and Sylvia Hardy Min. Henrietta Nelson Rev. Yvette Baldwin	Barry Newsome Glenn Blackwell LaTonia White Rev. Chris White Rev. Margaret Barr	John and Barbara White Edward Robinson Min. Cornella Carter-Taylor	Kenneth and Rita Jackson Averil Tomlinson Robert Brooks Sherri Morgan Rev. Brian Morgan Min. Mark Miller	James and Jean Watson Michael Wilson Susie Taylor Rev. Jessie Reynolds
Deacons, Deaconesses, and Family	DC and Maryland All Zip Codes	Prince William County (excluding Manassas and its independent cities)	Centreville Chantilly Manassas Sterling Nokesville Herndon Reston Fauquier, Warren, and Loudoun Counties	Alexandria 22312	Ft. Belvoir 22060  Alexandria 22301 22302 22303 22305 22306 22307 22308 22309 22310 22313 22314 22315	Alexandria 22304 22311	Arlington  All Zip Codes 22201 22202 22203 22204 22205 22206 22207 22209 22211 22212	Burke 22015  Fairfax 22039  Springfield 22150 22151 22152 22153	Annandale 22003  McLean  Merrifield
Out of Town Members		Lorton 22079 22199  Stafford, Spotsylvania, and Caroline Counties							
Ronald Hampton Marilyn McPherson Karen White Josephine Byrd Min. Aleia Taylor Min. Carl Hollister									
Falls Church and Baileys X-roads 22041 22042 22043 22044 22046			Fairfax 22030 22031 22032 22033 22037  Vienna 22180						

**Updated 2021**

**Mount Pleasant Baptist Church**  
6477 Lincolnia Road  
Alexandria, Virginia 22312  
(703) 256-1268  
*Rev. Dr. Carl M. Johnson, Pastor*



*email: [secretary@mtpleasantbc.org](mailto:secretary@mtpleasantbc.org)  
web site: [www.mtpleasantbc.org](http://www.mtpleasantbc.org)*

### **MPBC Messenger Staff**

Karin Henderson	Editor-in-Chief/ Designer
Eloise Clarke	Editor
Anita Johnson	Editor
Debbie Coles	Church News Reporter
Linda Hayes	Staff Writer/Contributor



**CHURCH CONFERENCE WAS HELD ON OCTOBER 23, 2021.**

#### **Vision Statement**

A Church "Growing by Grace." (2 Peter 3:18)

#### **Mission Statement**

"To grow a congregation of believers committed to the ministry of Worship, Evangelism, Missions, Discipleship, Service, and Fellowship with a heart for Prayer, Bible Study, and the Great Commission." (Matthew 28:19–20)

#### **Theme**

@ the Mount, "We Are Trusting God with Our Future!" (Jeremiah 29:11–12)

Submission of articles to the **Messenger** — Please send articles via email attachment to:  
[mpbcnewsletter@mtpleasantbc.org](mailto:mpbcnewsletter@mtpleasantbc.org).